



Rescue, Austere Medicine, and Survival Course

Conference Schedule:

Friday, October 2nd

- *0800: Welcome and Instructor Introduction*
- *0830: Patient Assessment and Preparedness*
- *0930: Wound Management*
- *1000: Wound Management Hands-On Skills*
- *1100: Snakes*
- *1130: Bears and Cats*
- *1200: Working Lunch Ropes and Knots*
- *1300: Medical Kit Workshop and Instructor Panel*
- *1400 Patient Transport and Packaging*
 - *C-spine Clearance and Transporting Patients in the Wild*
 - *Splints and Dislocations*
 - *Litters, Carries and Hypothermia Wraps*
- *1600: Short Patient Scenarios*
- *1700: End of Day*

• *Saturday, October 3rd*

- *0900: Heat and Salt*
- *1000: Cold and Freeze*
- *1030: Altitude*
- *1100: Lost Person Behavior*

- **1130: Introduction to Water Purification**
 - **1200: Working Lunch Epinephrine Auto Injectors**
 - **1300: Water Purification Workshop**
 - **1400: Shelter Building/Compasses & Orienteering Workshop**
 - **1630: Choices in the Wild Small Groups**
 - **1700: End of Day**
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- **Sunday, October 4th**
 - **0800: Toxic Plants and Fungus Species**
 - **0900: Drowning/Submersion Injuries**
 - **0930: Dive Medicine**
 - **1030: Lightning**
 - **1100: Women in the Wilderness**
 - **1200: Lunch (Bonus Session)**
 - **1300: Final/Practicum**
 - **1700: End of Day**

Course Description:

- **Learn the skills to prevent medical problems; reduce suffering and save lives in non-traditional medical settings**
- **Learn the latest practical hands-on wilderness medicine skills for patient assessment, treatment, and evacuation protocols**
- **Practice skills in live scenarios with our expert instructors**
- **Obtain up to 24 hours of Category 1 CME***
- **Receive Wilderness Medical Society Fellowship (FAWM) credits**

Course Objectives:

- **Provide a practical foundation in wilderness medicine for medical professionals**
- **Teach patient assessment and treatment guidelines for life support until definitive care or evacuation is available**
- **Introduce the students to the physiology of medical conditions encountered in wild places**
- **Train the provider in methods for managing medical and trauma emergencies in the wilderness when evacuation is unavailable or unnecessary**

Topics Include:

<ul style="list-style-type: none">• <i>Patient Assessment</i>• <i>Trauma In the Wilderness</i>• <i>Personal Preparedness</i>• <i>Wound Management</i>• <i>Patient Packaging</i>• <i>Animal Related Injuries</i>• <i>Lost Behaviors</i>• <i>Basics of Orienteering</i>• <i>Musculoskeletal Injuries</i>• <i>Shelter Building</i>• <i>Splints and Dislocations</i>	<ul style="list-style-type: none">• <i>Water Treatment and Purification</i>• <i>Hypothermia, Hypothermia & Frostbite</i>• <i>Medical Kits</i>• <i>Lightning</i>• <i>Altitude-Related Illness</i>• <i>Toxic Species</i>• <i>Drowning & Water Safety</i>• <i>Dive Medicine</i>• <i>Women in the Wilderness</i>
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Weather Considerations:

Please be aware portions of this course will be held in an outdoor setting. It is the student's responsibility to ensure appropriate clothing to manage any type of inclement weather. Please know that the course will not stop due to weather concerns, prepare accordingly.

Continuing Education Credits

The Wilderness Medical Society designates this hybrid activity for a maximum of 24 AMA PRA Category 1 Credits. Students should only claim the credit commensurate with the extent of their participation in the activity.

PHYSICIAN ASSISTANTS: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

OTHER PROFESSIONALS: Check with your governing entity to determine usefulness of AMA PRA Category 1 Credits™.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Wilderness Medical Society and University of South Carolina School of Medicine.

Sumter

Congaree River

Congaree National Park

The Wilderness Medical Society is accredited by the ACCME to provide continuing medical education for physicians. None of the faculty/planners for this educational activity have relevant financial relationships to disclose with ineligible companies whose primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patients.

All education content presented in this activity has been reviewed and validated as appropriate in keeping with sound scientific principles.

YOU WILL RECEIVE YOUR CME CERTIFICATE FROM THE SOUTH CAROLINA SCHOOL OF MEDICINE CME OFFICE VIA EMAIL APPROXIMATELY 4-6 WEEKS AFTER THE COMPLETION OF THE COURSE.

Contact:

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Congaree River

Sumter

Congaree National Park