



Up-to-Date APP 2026 Symposium

Saturday, March 7, 2026

Clemson School of Nursing

605 Grove Road, Greenville, SC

Dear APP colleagues,

We are excited to share the Up-to-Date APP 2026 Conference with you. Building on the tremendous success of last year's event, which welcomed more than 350 advanced practice providers, this year's conference continues our strong tradition of collaboration in partnership with Prisma Health and the Clemson University School of Nursing.

The goal of the Up-to-Date APP Conference is to empower and promote APPs, foster continuing education, strengthen interdisciplinary relationships and encourage meaningful collaboration. We aim to provide momentum for APP leadership while enhancing clinical practice across care settings.

This year's conference is supported by a larger and more diverse team of APP leaders than ever before. The contributions of clinicians from the Midlands, Upstate and Tennessee markets were instrumental in planning and shaping this year's program. As a result of this expanded collaboration, the conference will feature combined didactic sessions in the morning, followed by specialty-specific tracks in the afternoon focused on outpatient medicine, inpatient medicine, surgery, pediatrics, emergency medicine, women's health and anesthesia.

We are honored to feature **Patrice Weiss, MD**, as our 2026 keynote speaker, along with more than 25 poster presentations. This year, we are also excited to offer professional headshots, door prizes, two product theaters and a new collaboration with Ink Factory to provide live infographics throughout the conference.

Without your participation, we would not be able to host this annual event. Now entering our eighth year, the Up-to-Date APP Conference remains committed to creating a space where APPs can share knowledge, advance practice and support one another through collaborative learning. It is both our ambition and our privilege to be encouraged, instructed and inspired alongside you at this year's conference.

Sincerely,

Priscilla Massey, NP Elizabeth Orr, NP

Merch Market

Our APP Merch Market is offered as a treatment plan for conference fatigue. We know you need cozy sweatshirts, Yeti gear, tumblers and skinny can coolers prescribed PRN for morale. Swing by the store (back of the auditorium during the sessions and the 4th floor during networking hour) and pick up something that says "I came for the CME but stayed for the swag."



T-shirt information

New this year, we skipped collecting sizes! Just swing by the back of the auditorium and grab a complimentary conference T-shirt in your choice of navy or aqua. We can't wait to spot your repping the conference all year long at the gym, grocery store or anywhere your APP life takes you!

Digital registration

Our digital registration was a huge upgrade last year! No long lines meant more time for us to talk with all of you (our favorite part of the day). Be sure to scan the QR code when you arrive, so we can confirm your attendance and ensure you receive CME credit for this live event.



Amenities

Conference T-shirts
Door prizes
Head shots
Product Theater breakfast
Product Theater lunch
Merch Market
Networking hour with custom beverages and charcuterie
Swag bags

Vendors

Chadcuterie
Clover Photography
Ink Factory
Methodical Coffee Bar
Mills Creek Promos
Parlor Doughnuts
Promotions Unlimited.
Nothing Bundt Cakes
Twisted Tops

Agenda

Saturday, March 7, 2026

- 7:00 a.m. Registration drop-in: Lobby**
Poster viewing available in auditorium
- 7:15 a.m. Breakfast Product Theater : A Treatment Option From Lilly USA, LLC for Adults With Moderate-to-Severe OSA and Obesity**
Speaker: Mark Schwartz, MD, FACP, FOMA
Parlor Doughnuts and Methodical Coffee Bar
Blue Tickets: Nespresso Coffee Maker door prize
- 7:45 a.m. Welcome**
Elizabeth Orr, NP, and Priscilla Massey, NP, Conference Chairs
- 7:55 a.m. Introduction: Prisma Health Chief APP**
Meg Fulton, DMSc, PA-C
- 8:00 a.m. The Role of Emotional Intelligence in Organizational Culture**
Patrice Weiss, MD, FACOG
- 8:45 a.m. Is There a Health Care Professional on Board?**
Saher Choudhary, MD
- 9:15 a.m. How to Select an Antibiotic Like an ID Attending: Case-based Navigation of a 5-step Decision Framework**
Sarah Battle, MD
- 9:45 a.m. Break and Exhibitor Viewing**
- 10:00 a.m. Transplant Essentials: What Everyone Should Know**
Zachary Sutton, DHA, MS, MSPAS, PA-C, DFAAPA, FACHDM
Samicca Berry, LISW-CP, CCTSW
- 10:30 a.m. Uncovering Barriers, Unlocking Quality Care: Best Practices for SDOH Screening in Practice**
Charlotte Branyon, DNP, APRN, FNP-BC
Amy Garrison, DNP, APRN, FNP-BC, CHSE
- 11:00 a.m. Comprehensive Approach to Pain Management: Opioids, Ketamine, Bupivacaine and Multimodals**
Starr Curtis, FNP-BC
- 11:30 a.m. Role of the APP in Team-based Care Delivery Models**
Dustin Keenan, PA-C, CAQ-OS
Leslie Jebson, MHA, MBA, FACHE, FACMPE
- Noon Lunch**
Lunch provided in lobby and exhibitor viewing time
- Lunch Product Theater: Two Diseases, One DUPIXENT: Inhibition of Two of the Key Drivers of Type 2 Inflammation in Asthma and COPD**
Speaker: Corinne Young, NP
Lunch and Nothing Bundt Cakes
Red Tickets: Yeti Cooler door prize

	12:45 p.m.	1:15 p.m.	1:30 p.m.	1:45 p.m.	2:15 p.m.	2:45 p.m.
Track 1: Inpatient	TBAD: How to Treat Type B Aortic Dissections: Medical vs. Surgical Jeri Long, MSN, ACNP-BC	Hematology Consult: Immune Thrombocytopenia Katie McClellan, FNP-C		Code Status Margaret Saunders, DNP, AGACNP-BC, APN	Stones, Bones and Groans: Primary Hyperparathyroidism Pat Cagle, DNP, APRN-BC, ACNPC, CCRN	Break and exhibitor viewing
Track 2: Outpatient	Up to Date on Osteoporosis Laura Boineau, MSN, APRN, FNP-BC	Metabolic Liver Disease: How to Identify and Approach Modern NAFLD and MASH Jeffrey Cobb, NP		Menopause Replacement Therapy Allie Jackson, MD	It Ain't Easy Being Wheezy: Practical COPD Management for APPs Sarah Tomaszewski, MSN, AGNP-C, FCCP	
Track 3: Pediatrics	Reimagining Care: Palliative Approaches for Children with Medical Complexity Arun Singh, MD			Caring Behind the Walls: Trauma-informed STI Treatment for Adolescents Nakita Barnes, DNP	Filling the Postpartum Gap: A Pediatric APP's Journey from Hospital to Holistic Mom-Baby Care Rebekah Blakenship, MMSc, PA-C, CAQ-Peds	
Track 4: Emergency Medicine	They're Not Stealing Your Kids: 10 Myths about Human Trafficking Ellen Kennedy, BSN, RN, SANE-A, SANE-P, TNCC Jess Hobbs, DO, MBA, FACEP	Caring for the Dead: The Management of Cardiac Arrest Josiah Smith, MD			Rural Health Challenges and the Role of Telehealth Dea Fallin, FNP-C, ENP-C	
Track 5: Surgery	Breast Health Olivia Sinopoli, PA-C	Carotid Artery Disease and Treatment Strategies Annette Davis, MS, APRN, AGACNP, ANVP-BC, CNIC		Surgical Management of Gastroparesis Kelly Corbett, FNP-C	Addiction Medicine Carrie Baldwin, FNP and Greg Huckins, CPSS	
Track 6: Women's Health	Planning for a Healthy Pregnancy Joel Amidon, MD	PCOS – an Overview William Mitsos, MD		Evaluating Vulvovaginal Disorders in Primary Care in Women Across the Lifespan Abby Sellers, DNP, APRN, WHNP-BC, and		
Track 7: Anesthesia	Airway Considerations for Children with Congenital Defects Brittany Guffy, CRNA	Anesthesia Pearls and Updates Michele Krishnamoorthy, CRNA		Anesthesia Billing Maria Freeman, MSN, CRNA	Goal Directed Fluid Therapy Utilizing an Instructional Video for SVV/PPV Monitoring Setup Ashley Martin, SRNA, and Kirstin Willis, SRNA	
Track 8: Teaching with Purpose		Advancing Excellence in Medical Precepting: Welcome and orientation Elizabeth Orr, NP, and Meg Fulton, PA, DMSc, PA-C	Fostering Self-awareness John Manna, DNP, APRN, FNP-C, DipACLM		Developing Independence in a Psychologically Safe Environment Jenna Seawright, NP	

	3:00 p.m.	3:30 p.m.	3:45p.m.	4:00 p.m.	4:30p.m.	5:00 p.m.
Track 1: Inpatient	Dual Antiplatelet Therapy Use in Neuroendovascular Surgery Interventions <i>Matt Belenchia, APRN</i>	Avoiding Provider Burnout <i>Jennifer Manaker, FNP-BC</i>		Things Physician Advisors Would Like Advanced Practice Providers to Know <i>Jim Suhrer, MD</i>	Delirium <i>Jill Joseph, AGPCNP-BC Pam Snyder, NP</i>	Posters and prosecco
Track 2: Outpatient	Nutritional and Lifestyle Strategies for GLP-1 Therapy <i>John Manna, DNP, APRN, FNP-C, DipACLM</i>	Dementia in Primary Care <i>Katharine Few, DNP, FNP-C</i>		Beyond LDL-C: Precision Lipid Management for Today's Practice <i>Kelly Glynn, RD, MS, PA-C, FAIHM</i>	Acute Kidney Injury: How to Avoid and Chronic Kidney Disease: What's New? <i>Gail Kirby, ANP-C Dejan Lukovic, NP</i>	
Track 3: Pediatrics	Wellness Where They Learn: How School-based Health Centers Bridge the Gap to Primary Care <i>Misty Lovell, CPNP-PC, PMHS</i>	Rash Decisions: A Look at Pediatric Skin Conditions <i>Michelle Evette, PA-C</i>		Pediatric Obesity: All Hands on Deck <i>John Manna, DNP, APRN, FNP-C, DipACLM</i>	From Pain to Power: Improving Outcomes for Kids with Chronic Migraines <i>Crystal Cmeyla, FNP-C</i>	
Track 4: Emergency Medicine	Top 10 Can't Miss Emergencies <i>Laura Vaughan, MMS, PA-C</i>	Gut Feelings: Making Sense of Abdominal Pain <i>Chris Gallegos, PA-C</i>		Medicine in Space <i>Nathaniel Mann, MD</i>		
Track 5: Surgery	The Noisy, the Hoarse and the Obstructive: Post-operative Airway Pitfalls <i>Madison-Ann Pelfrey, PA-C, and Katelin Beals, PA-C</i>	Driving Surgical Success: The Impact of APP Integration on Outcomes and Efficiency <i>Steve Dunkley, NP-C</i>		Review of Ogilvie Syndrome <i>Brooke Fisher, PA-C</i>	SAVR versus TAVR <i>Gary Szeto, DNP, APRN, NP-C, CCRN</i>	
Track 6: Women's Health	Syphilis: An Overview <i>Linda George, CNM, FACNM</i>	Evaluation and Management of Abnormal Uterine Bleeding in NP Practice <i>Abby Sellers, DNP, APRN, WHNP-BC</i>		Too Hot to Handle: Tools for Managing Menopause <i>Megan Hanna, MD</i>	Low Risk Maternity Care <i>Susan Cheek Williams, DNP, CNM, PMHNP-BC</i>	
Track 7: Anesthesia	GLP1 Medications and Anesthesia Implications <i>Kevin LeBlanc, PhD, MNA, CRNA</i>	Intraoperative Cardiac Events and Medication Review <i>Kevin LeBlanc, PhD, MNA, CRNA</i>		Forty Years and Counting <i>Laurie Brown, BSN, CRNA, APRN, MBA</i>	ERAS in Pediatrics <i>Haley McNeil, RN, SRNA Gabriel Boehman, RN, SRNA</i>	
Track 8: Precepting	Effective Feedback Strategies <i>Jessica Rivera, DNP</i>		Clinical Reasoning and Professionalism Assessment <i>Katherine Beben, MD, FAAFP</i>		Wrap Up and Reflection <i>Courtney Bailey, PhD</i>	

Morning checklist

- Learn early!** Head upstairs for our first Product Theater, Methodical Coffee, Parlor Doughnuts and a door prize ticket.
- Fuel up!** Grab your complimentary coffee to kick-start the day.
- Enjoy breakfast on us.** A delicious complimentary meal is waiting on you.
- Check in like a pro.** Digitally sign in to get started (QR code submitted)
- Find your people and seat.** Pick up your name tag, ribbons and make connections. Snag your swag. Grab your conference swag bag filled with goodies.
- Earn while you learn.** Browse the research posters for CME credit.
- Meet and mingle!** Stop by the vendor booths and start a great conversation.

Please note the Precepting Track is listed on the APP conference agenda for convenience; however, it is credentialed separately through the AMA. The course, "Teaching with Purpose and Impact: Advancing Excellence in Medical Precepting," requires its own registration. <https://ghscme.ethosce.com/content/teaching-purpose-and-impact-live-advancing-excellence-medical-precepting#group-tabs-node-course-default1>

Afternoon checklist

- Lunch is on us!** Grab your free meal and refuel for the afternoon.
- Make connections.** Stop by the vendor booths and chat with industry experts.
- Lunch and learn.** Head upstairs for our second Product Theater, lunch, Nothing Bundt Cakes for dessert and a door prize ticket!
- Explore and earn.** Check out the research posters and rack up some CME credits. Level up your LinkedIn. Get your complimentary professional headshots taken.
- Plan your afternoon.** Choose you next courses and sessions.



Posters

- ❑ Pals in Medicine – what palliative medicine can do for your patients
- ❑ Implementing the CMS AHC Health-Related Social Needs Screening Tool to Enhance Nurses' Knowledge of Social Determinants of Health Affecting Medication Adherence in Patients with Sickle Cell Disease
- ❑ Project Evaluation of the Daily Huddle Process at the Wonder Center
- ❑ A Quality Improvement Project: The Importance of Individualized Education on Hypertension for the Hypertensive Patient
- ❑ A Quality Improvement Project: Enhancing Documentation Guidelines for Restraint Use in Acute Care Settings
- ❑ Empowering APRNs as Community Health Advocates for Adolescent Health Promotion Strategies for Tobacco and Nicotine Use in Rural Settings
- ❑ Assessing the Impact of Chest Pain Education of Medical Assistants' Knowledge and Intervention Skills in Urgent Care Settings: A Quality Improvement Project
- ❑ Improving Access to Orthopedic Urgent Care in Rural Outpatient Walk-in Clinics: Evaluating the Impact of Targeted Marketing Campaigns versus Traditional Recruitment Strategies Over a 3-Month Period
- ❑ Utilization of a Pediatric Head Injury Clinical Pathway Following the Diagnosis of Mild Traumatic Brain Injury
- ❑ The Use of the Mediterranean Diet in Depression Treatment
- ❑ Screening With Purpose: A Quality Improvement Initiative Integrating Social Determinants of Health Into Intentional Depression Screening in Rural Primary Care
- ❑ Evaluating the Impact of Education for Nurses and Medical Support Staff on Bereavement Care, Therapeutic Communication, and Psychological Support Following Pregnancy Loss
- ❑ Providers' Confidence and Knowledge of Screening for Diabulimia Among Females with Type 1 Diabetes
- ❑ Telehealth Services in Rural Communities: Access to Mental Health Care Pre, During, and Post Covid Pandemic
- ❑ Effect of an Educational Intervention on Health care Provider Wound Care Knowledge
- ❑ Providers' Confidence and Knowledge of Screening for Diabulimia Among Females with Type 1 Diabetes
- ❑ Perioperative Utility of Point-Of-Care Ultrasound (POCUS) for Gastric Residual Assessment
- ❑ Survey of Nurse Practitioners and Nurse Practitioner Students of Public Policy Affecting Access to Health Care for the LGBTQIA+ Community
- ❑ Barriers and Facilitators of Adherence in Black Adults with Type 2 Diabetes in South Carolina
- ❑ Enhancing Awareness: Educating SRNAs on Diversion Risk Factors
- ❑ SRNA-led Seminar Improves SRNA Comfort with EF POCUS
- ❑ Mepivacaine vs Bupivacaine Spinal Anesthesia for Same Day Surgery Discharge Following Total Knee Arthroplasty
- ❑ Identifying Women Where They Are Screened: Mammography as a Gateway for Lung Cancer Screening
- ❑ Creating a Peer-assisted Learning Program for Nurse Anesthesia Students



- ❑ Group Walks to Reduce Stress in SRNAs
- ❑ Impact of Low-fidelity Task Trainer Education on Reaction Time and Confidence in a Tension Pneumothorax Critical Event Simulation
- ❑ Empowering Prevention: Curbing Diabetes Progression with Lifestyle Change in Underserved Communities
- ❑ Improving Access to Outpatient Mental Health Services to Reduce Readmissions and Psychiatric ED Boarding
- ❑ The Power of Nursing in Policy: Insights from a Senate Health & Aging Fellowship

Attendees may claim 1 hour per 6 posters reviewed.

A maximum of 3 hours of CME may be claimed from poster review.

Total Hours of Poster CME Claimed _____

Please complete evaluation to obtain credits commensurate with your participation.

If you are requesting full credits, please watch remaining lectures online at your leisure.

Go to the activity landing page on the University of South Carolina School of Medicine Greenville Learning Portal using the QR code to the right and log into your account. If you do not yet have an account, you can create one by selecting the 'Register' button in the top right-hand corner of the website.

1. From the activity "Overview" page, click on the "Take Course" button.
2. Within the course, use the buttons at the bottom of the page to move through the "Course Progress" guide and complete the activity evaluation and attest to your credit hours.
3. Do not stop until you reach the "Course Complete" page.
4. Once you have completed these steps, you will be able to immediately print your certificate, or you can visit the "My Account" section to print your transcript or certificate at the later date.

**QR code
for claiming
your credits:**





Courses containing pharmacology content

- How to select an antibiotic like and ID attending: Case-based navigation of a 5 step decision framework 0.5 hours
- Things Physician Advisors Would like Advanced Practice Provider to Know 0.5 Hours
- Transplant Essentials: What Everyone Should Know 0.25 hours
- Comprehensive Approach to Pain Management: Opioids, Ketamine, Bupivacaine and Multimodals 0.5 hours
- TBAD: How to Treat Type B Aortic Dissections: Medical vs. Surgical 0.25 hours
- Hematology Consult: Immune Thrombocytopenia 0.1 hours
- Stones, Bones and Groans: Primary Hyperparathyroidism 0.1 hours
- Dual Antiplatelet Therapy Use in Neuroendovascular Surgery Interventions 0.5 hours
- Up to Date on Osteoporosis 0.25 hours
- Metabolic Liver Disease: How to Identify and Approach Modern NAFLD and MASH 0.1 hours
- Menopause Replacement Therapy 0.25 hours
- Nutritional and Lifestyle Strategies for GLP1 Therapy 0.25 hours
- It Ain't Easy Being Wheezy: Practical COPD Management for APPs 0.4 hours
- Beyond LDL-C: Precision Lipid Management for Today's Practice 0.25 hours
- Acute Kidney Injury: How to Avoid and Chronic Kidney Disease: What's New? 0.25 hours
- Reimagining Care: Palliative Approaches for Children with Medical Complexity 0.1 hours
- Rash Decisions: A Look at Pediatric Skin Conditions 0.1 hours
- Pediatric Obesity: All Hands on Deck 0.25 hours
- From Pain to Power: Improving Outcomes for Kids with Chronic Migraines 0.25 hours
- Caring for the Dead: The Management of Cardiac Arrest 0.6 hours
- Top Ten Cannot Miss Emergencies 0.25 hours
- Gut Feelings: Making Sense of Abdominal Pain 0.2 hours
- Medicine in Space 0.2 hours
- Breast Health 0.1 hours
- Carotid Artery Disease and Treatment Strategies 0.1 hours
- Surgical Management of Gastroparesis 0.2 hours
- Addiction Medicine 0.2 hours
- The noisy, the hoarse and the obstructive: Post-operative airway pitfalls 0.25 hours
- Review of Ogilvie Syndrome 0.5 hours
- Planning for a Healthy Pregnancy 0.2 hours
- PCOS: An Overview 0.1 hours
- Evaluating Vulvovaginal Disorders in Primary Care in Women Across the Lifespan 0.5 hours
- Syphilis: An Overview 0.25 hours
- Evaluation and Management of Abnormal Uterine Bleeding in NP Practice 0.5 hours
- Too Hot to Handle: Tools for Managing Menopause 0.25 hours
- Anesthesia Pearls and Updates 0.5 hours
- GLP1 Medications and Anesthesia Implications 0.5 hours
- Intraoperative Cardiac Events and Medication Review 0.5 hours
- Forty Years and Counting 0.1 hours
- ERAS Recommendations in Pediatrics 0.5 hours

Total Pharmacology hours available: **11.65 hours**

Total Pharmacology hours claimed: _____

Signature: _____

Breakfast Product Theater

A Treatment Option from Lilly USA, LLC for Adults with Moderate-to-Severe OSA and Obesity

Join one of your peers as he discusses the efficacy, safety, dosing and administration of a treatment option. Attendees will have the opportunity to ask questions at the conclusion of the program. Refreshments will be provided. This program is sponsored by, and the speaker is presenting on behalf of, Lilly USA, LLC. It is being presented consistent with FDA guidelines and is not approved for continuing education credit.

Speaker: Mark Schwartz, MD, FACP, FOMA

Accreditation

This program has been prior approved by the American Association of Nurse Anesthesiology for 10.00 MAC Ed CE credits; Code Number 1046681; Expiration date 3/7/2026.

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 11 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation. Approval is valid from 3/7/2026 to 3/7/2026. AAPA reference number: CME-2015259.

This activity has been reviewed by the American Academy of Physician Associates Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 31.75 AAPA Category 1 CME credits. Approval is valid from 3/7/2026 to 5/31/2026. PAs should only claim credit commensurate with the extent of their participation. AAPA reference number: CME-2015262.

Lunch Product Theater

Two Diseases, One DUPIXENT: Inhibition of Two of the Key Drivers of Type 2 Inflammation in Asthma and COPD

Join one of your peers as she discusses the efficacy, safety, dosing and administration of a treatment option for uncontrolled asthma and COPD. Attendees will have the opportunity to ask questions at the conclusion of the program. Refreshments and lunch will be provided.

Sanofi and Regeneron Pharmaceuticals, Inc. are sponsoring this presentation. The speaker is presenting on behalf of Regeneron and Sanofi and is being compensated by Regeneron and Sanofi for this presentation. Speakers are presenting information that is consistent with FDA-approved prescribing information and applicable FDA regulations and practices. The content contained in this presentation was jointly developed by Sanofi and Regeneron and is not eligible for continuing education (CME) credits.

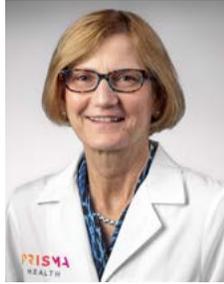
Speaker: Corinne Young, MSN, FNP-C, FCCP



Keynote speaker

Patrice M. Weiss, MD

Patrice M. Weiss, MD, FACOG, is an obstetrician and a highly respected physician executive. She serves as the Chief Medical Officer of Prisma Health in the Midlands and the Chief Academic Officer at Prisma Health Medical Group. Dr. Weiss has served in senior executive roles for nearly two decades. She is also a clinical professor at the University of South Carolina School of Medicine Columbia and Clemson University School of Health Research.



Call for presentations and posters 2027

If you liked what you experienced today, or you've been thinking you might want to teach, present or share your expertise, we would love for you to apply to speak or present a poster in 2027. This event truly runs on volunteers, and it only keeps growing because people like you step forward, so we hope you'll consider being part of this event next year.



Planning committee

Jenna Bishop	Gina Franco	Elizabeth Orr
Rebekah Blankenship	Meridith Huber	La Von Ross
Ben Bowles	Jessica Lovely	Maggie Saunders
Chris Campbell	Elizabeth Lynch	Dottie Sheppard
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