



Controlled Substance CME Session Identification Guide

Purpose: Determine whether a CME activity qualifies for Controlled Substance CME designation and document correctly



Step 1: Does the Session Meet a Regulatory Anchor?
(Must select at least one)



South Carolina Requirement

- Prescribing, monitoring, or treatment involving Schedule II-IV substances
- Includes misuse, diversion, or addiction



DEA Requirement (MATE Act)

- Safe prescribing
- Opioid or substance use disorder (SUD) treatment



Step 2: Does the Session Include One or More Core Content Areas? (Check all that apply)



Step 3: Does it Meet the 1-Hour Rule? (all criteria should be met)

Topic Area

- Prescribing & Management**
- SUD Care**
- Safety & Harm Reduction**
- Public Health & Legal**

Examples

Opioid guidelines, risk assessment, tapering, PDMP, monitoring

Diagnosis medications (buprenorphine), withdrawal management, co-occurring conditions

Naloxone, overdose prevention, patient counseling

Regulations, diversion prevention, opioid epidemic trends (must tie to practice)

- At least 60 minutes** of controlled substance/SUD content
- More than 50% of learning objectives** focus on prescribing, monitoring or SUD care
- Learning objectives** support clinical practice or patient safety

Quick Decision Guide

Documentation Requirements

Activity Type

- QUALIFIES**
 - Safe opioid prescribing
 - Substance use disorder treatment
 - overdose prevention
 - controlled substance monitoring

- REVIEW CAREFULLY**
 - General pain management
 - Broad clinical updates
 - Mixed-topics sessions

- DOES NOT QUALIFY**
 - Procedural training
 - General pharmacology
 - Non-clinical topics

- Learning Objectives**
 - Include objectives related to
 - controlled Substances
 - Substance use disorder care

- Agenda**
 - Document time
- Session Label**
 - Use: Session Focus: Controlled substance CME (insert session focus)

- Recording Status**
 - Live only
 - Recorded for enduring credit

- Regularly Scheduled Series/Committee Learning Activities**
 - Check Controlled Substance CME designation
 - Include qualifying learning objectives
 - Indicate if session will be recorded

- Courses/Enduring Activities**
 - Coordinate with the CME Coordinator during agenda development to ensure appropriate designation and credit